# Water in my life

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***This pack supports an introduction for young learners to an Eco-School’s focus on health and safety***

## **Grade 1**

**This pack contains:**

**Activity One:** A listening and group work **LANGUAGES** activity looking at freshwater in our lives. Using a simple demonstration, the teacher is easily able to show learners how limited our freshwater resources are and allow the children to consider ways that water can be conserved.

**Activity Two:** This **LANGUAGES** activity introduces the concept of ‘catchments’. It looks at water sources and encourages learners to consider how we can protect and care for them.

**Activity Three:** This **LIFE ORIENTATION** lesson looks at basic sanitation and when and why we need to wash our hands.

**Activity Four:** This **TECHNOLOGY** activity follows on from the earlier lesson on basic sanitation. Learners use materials gathered from home and around the school to make their own toilet hand washer.

**Activity Five:** Just for fun!! Making an indoor rainbow.

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**This pack of lesson plans is part of a series of lesson plans from Grade R to Grade 10 which focus on water and water-related issues. This resource development project has been funded by the Water Research Commission, Private Bag X 03, Gezina, Pretoria, 0031 (Website:** [**www.wrc.org.za**](http://www.wrc.org.za)**).**

**This pack is available electronically on** [**www.envirolearn.org.za**](http://www.envirolearn.org.za)

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| Activity | **Learning Area covered in this activity** | **Learning Outcomes covered in this activity** | **Assessment Standards covered in this activity** |
| 1. Listening and group work activity looking at freshwater. A simple demonstration by the teacher shows learners how limited our freshwater resources are. A homework worksheet is also included in this activity. | Languages | Learning Outcome 1: Listening: The learner will be able to listen for information and enjoyment, and respond appropriately and critically in a wide range of situations.**Learning Outcome 2:** Speaking: The learner will be able to communicate confidently and effectively in spoken language in a wide range of situations. | * Listens attentively to instructions and announcements and responds appropriately.
* Demonstrates appropriate listening behaviour by listening without interrupting, showing respect for the speaker, taking turns to speak and asking questions for clarification.
* Talks about personal experiences, feelings and news.
* Contributes to class and group discussions.
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| 2. Introduction to the idea of a ‘catchment’. This activity looks at water sources and encourages learners to consider how we can protect and care for them. | Languages | Learning Outcome 1: Listening: The learner will be able to listen for information and enjoyment, and respond appropriately and critically in a wide range of situations.**Learning Outcome 2:** Speaking: The learner will be able to communicate confidently and effectively in spoken language in a wide range of situations. | * Listens attentively to instructions and announcements and responds appropriately.
* Demonstrates appropriate listening behaviour by listening without interrupting, showing respect for the speaker, taking turns to speak and asking questions for clarification.
* Talks about personal experiences, feelings and news.
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| 3. This activity looks at basic sanitation – when and why does one wash one’s hands? | Life Orientation | **Learning Outcome 1:** Health Promotion: The learner will be able to make informed decisions regarding personal, community and environmental health.**Learning Outcome 2:** Social Development: The learner will be able to demonstrate an understanding of and commitment to constitutional rights and responsibilities, and to show an understanding of diverse cultures and religions. | * Explains steps to ensure personal hygiene and links these steps to environmental health.
* Distinguishes between situations that are safe and those that require precautions against communicable diseases.
* The learner draws up classroom rules.
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| 4. This lesson follows on from the earlier one on sanitation and learners make their own toilet hand washer. | Technology | **Learning Outcome 1:** Technological Processes and Skills: The learner will be able to apply technological processes and skills ethically and responsibly using appropriate information and communication technologies. | * Designs: Chooses suitable materials or substances to make simple products to satisfy a given need.
* Makes: Makes simple products from different materials.
* Evaluates: Expresses and explains own feeling about the products made.
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| 5. Just for fun – making an indoor rainbow. | - | - | - |